

# Ultimate 1/2 Triathlon Female

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	09:30:00	314	Nicola	Beck	Female	52	J	Rogiet Caldicot	Ultimate 1/2 Tri	00:33:49	00:03:21	02:45:36	00:01:18	01:35:47	04:59:51
2	09:30:00	330	Grace	Gilbert	Female	30	F	Oxford Tri	Ultimate 1/2 Tri	00:31:40	00:03:08	02:38:41	00:00:00	01:47:49	05:01:18
3	09:30:00	329	Kirsty	Gibbs	Female	33	F	Neston Family Tri	Ultimate 1/2 Tri	00:35:04	00:02:44	02:52:29	00:01:07	01:39:16	05:10:40
4	09:30:00	335	Chloe	Hirst	Female	28	E	Pendle Triathlon Clu	Ultimate 1/2 Tri	00:32:34	00:02:36	02:54:12	00:00:00	01:46:57	05:16:19
5	09:30:00	380	Claire	Grimmer	Female	46	I	Knutsford Tri Club	Ultimate 1/2 Tri	00:30:55	00:02:58	02:53:19	00:00:00	01:53:16	05:20:28
6	09:30:00	331	Emily	Grandfield	Female	28	E	WHITCHURCH WH	Ultimate 1/2 Tri	00:29:51	00:03:16	03:10:02	00:01:28	01:46:58	05:31:35
7	09:30:00	348	Chelsea	Morris	Female	25	E	ludlow	Ultimate 1/2 Tri	00:41:59	00:03:52	03:02:06	00:03:36	01:46:05	05:37:38
8	09:30:00	336	Lisa	Ho	Female	37	G	Newcastle Tri	Ultimate 1/2 Tri	00:42:31	00:03:02	02:54:42	00:01:07	01:56:20	05:37:42
9	09:30:00	347	Victoria	Mcallister	Female	32	F	Hove	Ultimate 1/2 Tri	00:36:16	00:03:40	03:01:46	00:02:05	01:54:55	05:38:42
10	09:30:00	343	Rachel	Lamine	Female	40	H	Tri energy	Ultimate 1/2 Tri	00:37:03	00:02:36	02:57:17	00:02:49	02:00:48	05:40:33
11	09:30:00	359	Monica	Stewart	Female	57	K	Exeter	Ultimate 1/2 Tri	00:37:26	00:03:41	02:55:29	00:02:37	02:04:18	05:43:31
12	09:30:00	339	Zoe	Kennerley	Female	31	F	Llanddeiniol	Ultimate 1/2 Tri	00:31:26	00:04:45	03:14:57	00:03:47	01:57:34	05:52:29
13	09:30:00	340	Zoe	Kinch	Female	31	F	Clapham Chasers	Ultimate 1/2 Tri	00:37:10	00:03:40	03:09:35	00:05:13	01:57:39	05:53:17
14	09:30:00	362	Katie	Waller	Female	26	E	Trelleck	Ultimate 1/2 Tri	00:42:06	00:05:03	03:12:19	00:03:29	01:50:30	05:53:27
15	09:30:00	316	Katherine	Bond	Female	50	J	Emsworth	Ultimate 1/2 Tri	00:45:54	00:05:11	03:10:42	00:03:46	01:54:54	06:00:27
16	09:30:00	327	Peggy	Fooks	Female	30	F	Exeter	Ultimate 1/2 Tri	00:45:01	00:05:16	03:08:21	00:05:10	01:57:47	06:01:35
17	09:30:00	352	Julia	Saunders	Female	24	C	Vegan Runners	Ultimate 1/2 Tri	00:37:16	00:00:00	03:23:44	00:03:19	02:01:02	06:05:21
18	09:30:00	363	Jodie	Webb	Female	31	F	Bell Webb Mackin	Ultimate 1/2 Tri	00:32:58	00:02:01	03:31:50	00:00:56	01:58:41	06:06:26
19	09:30:00	392	Nicola	Hornby	Female	54	J	Preston	Ultimate 1/2 Tri	00:43:45	00:03:12	03:07:07	00:01:36	02:11:48	06:07:28
20	09:30:00	385	Merissa	James	Female	53	J		Ultimate 1/2 Tri	00:37:47	00:06:42	03:20:34	00:04:29	02:05:24	06:14:56
21	09:30:00	328	Clare	Foreman	Female	42	H	WREXHAM	Ultimate 1/2 Tri	00:44:18	00:03:39	03:40:18	00:02:05	01:45:36	06:15:56
22	09:30:00	358	Hannah	Stanley	Female	33	F	Norwich	Ultimate 1/2 Tri	00:41:09	00:04:21	03:15:29	00:02:53	02:12:12	06:16:04
23	09:30:00	345	Sarah	Lockwood	Female	36	G	Knutsford	Ultimate 1/2 Tri	00:47:24	00:03:33	03:22:42	00:02:09	02:03:49	06:19:37
24	09:30:00	338	Julie	Jubb	Female	48	I	st brelade	Ultimate 1/2 Tri	00:43:26	00:05:57	03:26:58	00:04:31	02:00:25	06:21:17
25	09:30:00	360	Katy	Toms	Female	49	I	Tri Team Wessex	Ultimate 1/2 Tri	00:38:58	00:04:40	03:10:46	00:02:19	02:30:44	06:27:27
26	09:30:00	317	Fran	Brown	Female	29	E	CARDIFF	Ultimate 1/2 Tri	00:36:57	00:04:48	03:32:44	00:02:40	02:21:38	06:38:47
27	09:30:00	315	Rachel	Blake	Female	50	J	Gnarly Nutters	Ultimate 1/2 Tri	00:43:06	00:04:43	03:29:02	00:03:51	02:25:21	06:46:03
28	09:30:00	320	Sonia	de la Fuente	Female	45	I	Stockport	Ultimate 1/2 Tri	00:52:38	00:07:03	03:38:53	00:03:50	02:05:24	06:47:48
29	09:30:00	342	Katherine	Lakhani	Female	55	K	Long Eaton Triclub	Ultimate 1/2 Tri	00:38:56	00:05:34	03:42:57	00:02:35	02:19:35	06:49:37
30	09:30:00	357	Naomi-Ellen	Speechley	Female	33	F	Salford	Ultimate 1/2 Tri	00:41:59	00:06:15	03:41:39	00:03:45	02:17:40	06:51:18
31	09:30:00	364	Zoe	West	Female	32	F	Chorley	Ultimate 1/2 Tri	00:45:02	00:02:35	03:18:36	00:01:16	02:44:12	06:51:41
32	09:30:00	344	Alison	Lamputt	Female	66	M	TCUK	Ultimate 1/2 Tri	00:40:29	00:05:06	03:29:10	00:03:03	02:36:36	06:54:24
33	09:30:00	321	Fran	Dickson	Female	42	H	Fran Dickson	Ultimate 1/2 Tri	00:37:42	00:04:49	03:55:27	00:03:52	02:13:22	06:55:12
34	09:30:00	332	Wendy	Griffiths	Female	48	I	Shrewsbury	Ultimate 1/2 Tri	00:41:35	00:04:55	03:33:55	00:05:11	02:40:41	07:06:17
35	09:30:00	323	Maura	Fennelly	Female	40	H	Poulton-Le-Fylde	Ultimate 1/2 Tri	00:44:21	00:04:53	03:37:15	00:03:57	02:37:14	07:07:40
36	09:30:00	312	Pauline	Alderman	Female	56	K	Jersey TriClub	Ultimate 1/2 Tri	00:54:37	00:04:41	03:38:49	00:04:34	02:30:53	07:13:34
37	09:30:00	351	Emma	Rushby	Female	30	F	London	Ultimate 1/2 Tri	00:37:12	00:04:17	03:48:23	00:03:51	02:42:02	07:15:45
38	09:30:00	319	Jane	Davies	Female	60	L		Ultimate 1/2 Tri	00:45:24	00:04:57	03:41:01	00:03:25	02:42:22	07:17:09
39	09:30:00	341	Francesca	King	Female	20	C	Bromsgrove	Ultimate 1/2 Tri	00:37:27	00:04:16	03:55:15	00:04:21	02:40:19	07:21:38
40	09:30:00	386	Amy	Peters	Female	28	E		Ultimate 1/2 Tri	00:46:21	00:06:25	04:10:51	00:03:06	02:22:23	07:29:06
41	09:30:00	350	Heather	Pinto	Female	54	J	Aberlour	Ultimate 1/2 Tri	00:46:33	00:06:13	03:48:56	00:04:08	02:51:09	07:36:59
42	09:30:00	333	Sarah	Heaney	Female	50	J	Ladies on Tour	Ultimate 1/2 Tri	00:44:58	00:06:41	03:57:06	00:11:30	02:53:37	07:53:52

Pos	StartTime	Race#	Name	Last Name	Gend	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
43	09:30:00	354	Charlotte	Sholl	Female	53	J	Ladies on Tour	Ultimate 1/2 Tri	00:44:47	00:06:52	03:57:01	00:11:34	02:53:51	07:54:05
44	09:30:00	324	Liz	Ferguson	Female	51	J	Pentland tri club	Ultimate 1/2 Tri	00:43:14	00:05:08	04:23:37	00:08:23	03:10:23	08:30:45