

Super Sprint

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total	
1	10:17:30	650	Helen	Wainwright	Female	C	58	K	Glastonbury	Super Sprint	00:03:44	00:01:15	00:33:41	00:00:50	00:13:30	00:53:00
2	10:24:30	678	Sandra	Stokes	Female	C	63	L	Leamington Spa	Super Sprint	00:06:18	00:01:20	00:42:03	00:00:56	00:12:46	01:00:43
3	10:17:45	651	Steph	Howarth	Female	C	39	G	Dorridge	Super Sprint	00:04:26	00:02:09	00:39:47	00:00:23	00:14:36	01:01:21
4	10:18:00	652	Hannah	Dunkley	Female	C	20	C	Milton Keynes	Super Sprint	00:03:45	00:02:02	00:41:14	00:01:20	00:14:36	01:02:57
5	10:19:45	659	Esme	Black	Female	C	23	C	Burntwood	Super Sprint	00:04:20	00:02:02	00:42:08	00:01:15	00:13:57	01:03:42
6	10:17:15	518	Ally	Gunton	Female	C	37	G	Belper	Super Sprint	00:04:46	00:01:49	00:42:06	00:00:52	00:15:01	01:04:34
7	10:22:00	668	Eirwen	Hughes	Female	C	44	I	Aberaeron	Super Sprint	00:04:51	00:02:11	00:40:02	00:01:22	00:19:01	01:07:27
8	10:24:15	677	christine	owen	Female	C	60	L	Welshpool	Super Sprint	00:05:53	00:01:20	00:46:01	00:01:27	00:16:04	01:08:05
9	10:19:00	656	Anna	Whitefield	Female	C	57	K	ILMINSTER	Super Sprint	00:05:21	00:01:32	00:42:18	00:01:16	00:18:02	01:08:29
10	10:19:15	657	Lisa	Garlick	Female	C	55	K	Cleobury Mortimer	Super Sprint	00:05:11	00:01:52	00:42:42	00:00:54	00:18:57	01:09:36
11	10:32:30	710	Jordan	Sheppard	Female	C	27	E	Lutterworth	Super Sprint	00:04:48	00:04:33	00:42:25	00:04:32	00:13:29	01:09:47
12	10:32:15	709	Pippa	Mankert	Female	C	44	H	Lutterworth	Super Sprint	00:05:00	00:04:18	00:45:58	00:01:17	00:13:26	01:09:59
13	10:21:00	664	Michelle	Briggs	Female	C	46	I	Cleobury Mortimer	Super Sprint	00:05:42	00:02:24	00:46:20	00:01:26	00:16:14	01:12:06
14	10:21:30	666	sarah	clarke	Female	C	55	K	selby	Super Sprint	00:08:08	00:02:52	00:42:47	00:01:54	00:17:22	01:13:03
15	10:20:00	660	Karen	Grace	Female	C	55	K	Oakham	Super Sprint	00:06:47	00:01:19	00:50:19	00:01:16	00:17:45	01:14:48
16	10:28:30	694	Janine	Fenwick	Female	C	45	I	Maidenhead	Super Sprint	00:05:54	00:01:19	00:52:33	00:01:05	00:17:21	01:15:34
17	10:20:45	663	Rebecca	Carr	Female	C	39	G	London	Super Sprint	00:05:40	00:04:09	00:50:44	00:01:21	00:16:03	01:17:57
18	10:21:45	667	Hettie	Sheehan	Female	C	64	L	Llanelli	Super Sprint	00:06:55	00:01:20	00:54:00	00:01:33	00:19:07	01:20:15
19	10:23:00	672	Gaynor	Sward	Female	C	57	K	Jolly Triathlon Club	Super Sprint	00:06:32	00:02:56	00:36:25	00:02:24	00:33:19	01:21:36
20	10:22:15	669	Tsungai	Mumbe	Female	C	49	I	Birmingham	Super Sprint	00:07:42	00:04:46	00:49:03	00:02:04	00:18:32	01:22:07
21	10:21:15	665	Karen	Gledhill	Female	C	59	K	Cancer Research UK	Super Sprint	00:05:48	00:03:44	00:53:04	00:01:55	00:18:50	01:23:21
22	10:23:15	673	Sarah	Bates	Female	C	40	H	Shirley	Super Sprint	00:05:33	00:05:07	01:08:43	00:01:57	00:14:19	01:35:39
23	10:20:30	662	Maia	Sherratt	Female	C	29	E	church hanborough	Super Sprint	00:05:00	00:03:07	01:07:38	00:03:32	00:26:42	01:45:59
24	10:20:15	661	Joan	Deakin	Female	C	63	L	CONGLETON	Super Sprint	00:07:09	00:04:35	01:06:22	00:01:40	00:30:29	01:50:15
25	10:19:30	658	Mary	Beer	Female	C	53	J	London	Super Sprint	00:05:53	00:06:53	01:08:26	00:04:17	00:28:13	01:53:42